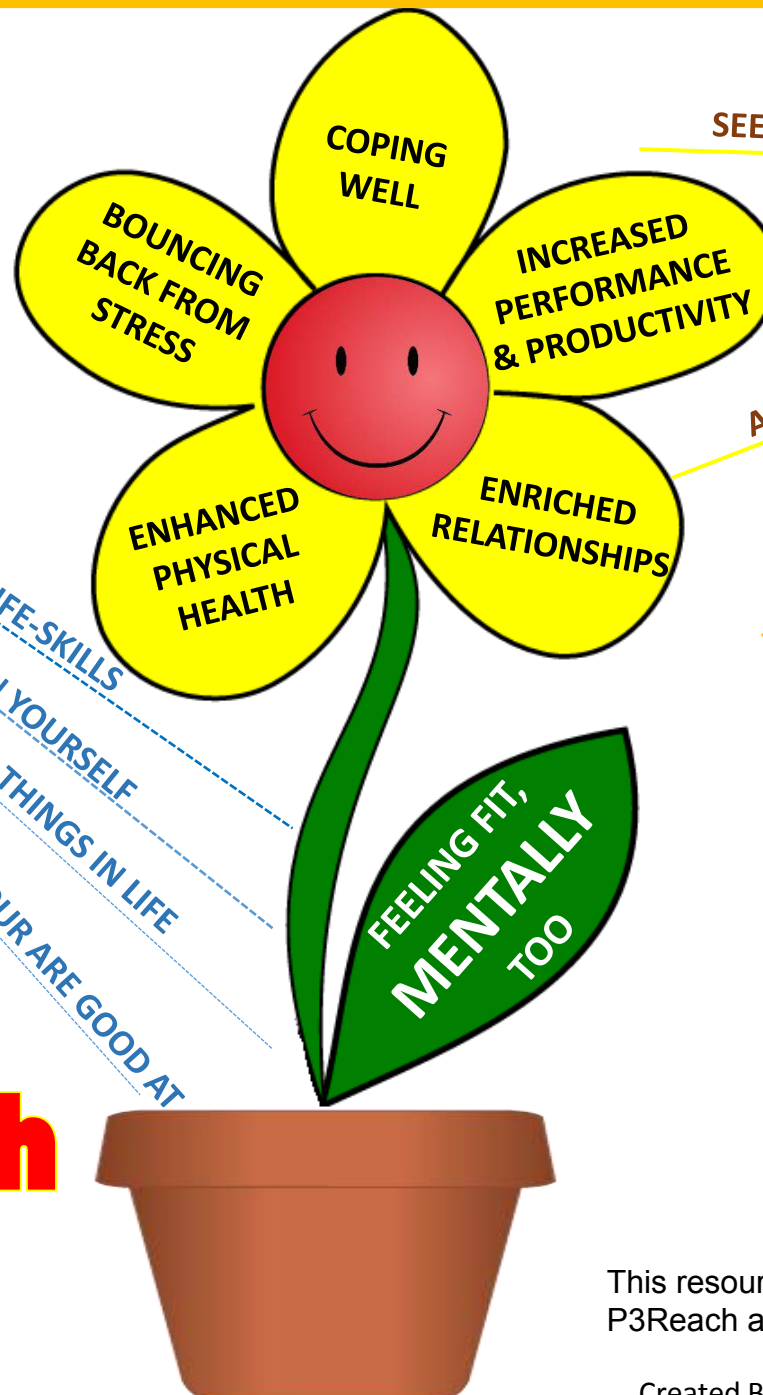


Let the Water of
Self-care
Nourish You



Let the Flower of
Mental Health
BLOOM

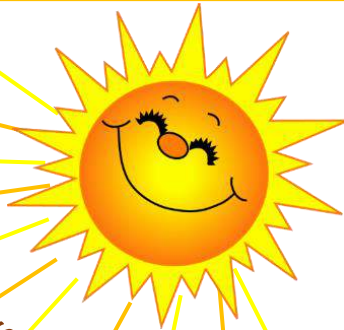


SEEK SUPPORT & GIVE SUPPORT

APPRECIATE POSITIVES IN OTHERS

CONNECT WITH OTHERS

CONTRIBUTE TO COMMUNITY



Let the Sun of
Connections
Shine Bright



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Created By Chandan Preet & Team for P3REACH Batch 2 (2015)